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Arkansas Baptist High School
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To the Students of Arkansas Baptist High School:

Our goal for the upcoming year is to provide optimal opportunities for all of our students. The purpose of this student activities handbook is to provide information about the many co-curricular activities available at Arkansas Baptist High School.

Our experience tells us that students who take advantage of our dynamic and challenging programs will find high school a meaningful experience.

If you find questions that are not answered in the booklet, please direct them to Randy Goldsmith, Principal; Billy Goss, Athletic Director; or Bernie Cox, Assistant Principal.

Please join us in trying to make this year the best possible for you by joining the Eagle-team!

Sincerely,

Randy Goldsmith
Principal

Billy Goss
Athletic Director

Bernie Cox
Assistant Principal

Statement of Beliefs on Multiple Activity Participants

Participation in multiple co-curricular and/or extra curricular activities can contribute to more complete and well-rounded education of the whole student.

Students who choose to participate in multiple activities should expect to make some additional sacrifices that students in only one activity may not have to make.

Parents, students, coaches, directors, and advisors should communicate with each other from the onset and plan proactively to reduce the inevitable stress and strain, both physically and otherwise, on students who choose to participate in multiple activities.

Coaches, directors, and advisors, and parents should help students make responsible time management and planning decisions, especially with regard to curricular work. Students should advise their parents about the agreed upon plan to manage the multiple activities and continue to inform their parent of any conflicts or issues which may arise in the implementation of the plan.

As a general rule, contests and performances should take priority over practices and rehearsals. Reasonable exceptions may be made through communication between coaches, directors, and advisors, depending on a student's role and importance to other students involved in an activity.

Extracurricular Activities Eligibility

Academic Requirements

1. Student will maintain a passing grade in all classes.
2. Student will maintain a 2.0 grade average for all classes.

Procedures of Accountability

1. Sponsors of each co-curricular activity (play, cheerleading, music, athletics, etc.) will check each student's academic progress at the end of each nine week grading period.
2. Students who do not meet the Academic Requirements as stated above in this section will become ineligible to continue participating in all extracurricular activities for four and one-half weeks. At the end of the four and one-half week participation suspension or at the time of the mid-quarter reports, the student's progress will be rechecked. If the student has corrected his/her deficiency in the Academic Requirements, he/she may regain his/her eligibility.
3. Students who become ineligible for extracurricular activities may, at the discretion of the sponsor or principal, be required to fulfill additional requirements to remain in the organization on an ineligible basis. These requirements may include, but are not limited to, study hall outside of school hours, assignment sheets, weekly progress reports, etc. These extra requirements are intended to provide additional academic supervision, accountability, and motivation for the student to eliminate poor academic performance and regain eligibility for co-curricular activities.

Clarifications

1. At the end of the second and fourth quarters, the academic requirement will be calculated according to the semester grade. Nine weeks grades will be used at the end of the first and third quarters.
2. If, due to extenuating circumstances, a conflict arises between the Arkansas Baptist High School academic requirement and the Arkansas Activities Association scholarship requirement, the AAA requirement will take priority, if it is more restrictive in nature.
3. Students who have been declared ineligible at the end of the fourth quarter may regain eligibility for the first quarter of the following year by meeting all requirements of AAA during the summer through accredited courses as described in the AAA and ABHS handbooks.
4. New students to ABHS will be exempt from the ABHS academic requirements for the first nine weeks of school, if they are eligible according to the AAA academic requirement. At the end of this period, new students will be held accountable in meeting ABHS academic requirements.
5. Students may not try out for certain activities or teams (play, cheer, etc.) if the student was ineligible at the most recent 9 week or semester grade (as stated in Clarification #1).

1. CLUBS AND ORGANIZATIONS

Beta Club (High School)

Advisor's name: Kipp Stiles

Where to locate advisor: Room 204

Meeting times and places: Lunch meetings as called by advisor

Length and time of season: During the school year

Cost: \$20.00

Requirements: Students in 10th -12th grade that have a minimum 3.25 GPA, no semester C's in the previous year, and a favorable teacher evaluation. Good Christian character is required. An application must be completed.

Description: An organization that promotes scholarship, leadership, and citizenship.

Beta Club (Jr. High)

Advisor's name: Andy Stallings

Where to locate advisor: Room 202

Meeting times and places: Lunch meetings as called by advisor

Length and time of season: During the school year

Cost: \$20

Requirements: Student must be in 8th or 9th grade, have a 3.25 GPA and good Christian character. Faculty nomination required.

Description: An organization that recognizes outstanding academic achievement and moral character.

Chapel Praise Team

Advisor's name: TBA

Where to locate advisor: Ask in High School Office

Meeting times and places: Practice and performance weekly

Length and time of season: During the school year

Cost: A heart to serve the Lord and to minister to your peers

Equipment required: Instrument if applicable.

Description: This is a group of students who want to use their vocal and instrumental talents to glorify the Lord. This group leads the music weekly in our Chapel services. There may be a Wednesday evening practice some weeks to prepare for Chapel.

Eagle Forum

Advisor's name: Blue Keller and Angie Hopkins

Where to locate advisors: Room 115 or 107B

Meeting times and places: Lunch meetings as called by advisor

Length and time of season: During the school year

Description: The Eagle Forum is to prepare soon to be young voters to become Christians who are politically sensitive.

Students are taught to evaluate issues from a Christian perspective. Eagle Forum will include visiting speakers as well as field trips.

FOCUS-LR (Junior High)

Advisor's name: Bobbie Ann Walker

Where to locate advisor: Room 114

Meeting times and places: Lunch meetings as called by advisor

Length and time of season: During the school year

Cost: \$15 for dues (t-shirt included)

Requirements: The student needs to have a servant's heart and enroll during the membership drive. The dues fund our service projects.

Description: Students have an opportunity to serve Christ by participating in mission service projects to our school, our city, and our world. The theme verse is Hebrews 12:2 "Keeping our eyes upon Jesus, the source and perfecter of our faith."

Fellowship of Christian Athletes

Advisor's name: Billy Goss, Jeff Hogue

Where to locate advisor: Athletic Director's Office in the gym

Meeting times and places: Lunch and evening meetings as called by advisor

Length and time of season: During the school year

Cost: None

Requirements: A student involved in athletics who desires an opportunity to grow in their relationship with the Lord through Christian teaching and fellowship.

Description: Fellowship of Christian Athletes offer opportunities for students to grow in their faith and build relationships with other athletes through local huddle meetings as well as regional and state events.

Future Business Leaders of America (High School)

Advisor's name: Kim VanNamen

Where to locate advisor: Rooms 303

Meeting times and places: Lunch meetings as called by advisor in room 303

Length and time of season: During the school year

Cost: Dues are \$25 to cover National, State and Local membership. There may be additional costs to cover conferences and competitions. We will try to cover these with our fundraiser in the fall.

Requirements: Student must be in, or have had a business or computer class, and must be in grades 10-12. To compete in FBLA competitions, the student must meet ABHS activity eligibility requirements.

Description: FBLA is a national vocational student organization for students in high schools and middle schools who are interested in business or business education careers. Over 13,000 students in more that 300 high school chapters and over 4000 students in 95

middle level chapters participate in Arkansas FBLA. Benefits of membership are leadership, business competencies, community responsibilities, and self-confidence.

Generation Esther (Sr. Girls)

Advisor's name: Tammy Segars

Where to locate advisors: High school office

Meeting times and places: Twice a month at lunch

Length and time of season: During school year in Room 102

Cost: Parents are asked to help with meals

Requirements: This club is for senior girls.

Description: A club to motivate, inspire, encourage, and empower girls who are seniors to rise up and live set apart lives, make Godly choices, walk in character, face challenges prepared, and step out in courage to make a difference in their world, FOR SUCH A TIME AS THIS.

International Club (High School)

Advisor's name: Julie Cameron

Where to locate advisor: Room 206

Meeting times and places: During lunch as scheduled by advisor

Length and time of season: During the school year

Cost: \$5.00

Description: This club is designed to enhance the student's appreciation of International cultures by guest and student speakers, field trips, etc.

Joshua's Men (Sr. Boys)

Advisor's name: Zach Welchman, Levi Miller

Where to locate advisors: Room 111 or Room 113

Meeting times and places: Twice a month at lunch

Length and time of season: During the school year

Cost: Parents are asked to help with meals

Requirements: This club is for senior boys.

Description: A club to motivate, inspire, encourage, and empower boys who are seniors to rise up and live set apart lives, make Godly choices, walk in character, face challenges prepared, and step out in courage to make a difference in their world, FOR SUCH A TIME AS THIS.

Mu Alpha Theta (High School)

Advisor's names: Math Dept.

Where to locate advisor: Ask in high school office

Meeting times and places: Monthly meetings at lunch in advisor's classroom

Length and time of season: During the school year

Cost: \$20.00

Requirements: Students in grades 9th-12th who have completed the equivalent of four semesters of college preparatory math classes and in addition have completed or are enrolled in a still more advanced course, are eligible for full membership providing their mathematical work was done with distinction. On the ABHS grading scale this shall mean at least a 3.5 grade point average. Students must also have a 3.0 overall grade point average. There shall not be more than one grade of a “C” or below in a high school math class (semester).

Description: High school mathematics honor society that is dedicated to inspiring keen interest in mathematics, developing strong scholarship in the subject, and promoting the enjoyment of math in high school.

National Honor Society (High School)

Advisor’s name: Lara McElrath

Where to locate advisor: High school office

Meeting times and places: Lunch meetings as called by advisor

Length and time of season: During the school year

Cost: \$20

Requirements: Candidates eligible for election to this chapter must be members of the junior or senior class and have a minimum cumulative grade point average of 3.85. Their eligibility shall then be considered based on service, leadership, and character.

Description: National Honor Society is an organization designed to create an enthusiasm for scholarship, to stimulate a desire to render service, to promote worthy leadership, and to encourage the development of character in students of Arkansas Baptist High School.

National Honor Society (Jr. High)

Advisor’s name: Dr. Todd Self

Where to locate advisor: Room 108

Meeting times and places: Lunch meetings as called by advisor

Length and time of season: During the school year

Cost: \$20.00

Requirements: Candidates eligible for election to this chapter must be members of the 9th grade class and have a minimum cumulative grade point average of 3.85. Their eligibility shall then be considered based on service, leadership, and character.

Description: National Honor Society is an organization designed to create an enthusiasm for scholarship, stimulate a desire to render service, promote worthy leadership, and encourage the development of character in students of Arkansas Baptist High School.

Quiz Bowl (High School)

Advisor's name: Cheryl Triche

Where to locate advisor: Room 203

Meeting times and places: During 8th period in room 203

Length and time of season: October through May

Cost: Approximately \$25.00 for team competition shirts. Some fundraising may be required for this group.

Requirements: Approval by coach is necessary before taking the class.

Description: Academic competition that tests student's knowledge in a variety of subjects. Competitions are scheduled with other Arkansas schools. There is a district, regional, and state Championship.

Quiz Bowl (Jr. High)

Advisor's name: Mark Tyler

Where to locate advisor: Room 209

Meeting times and places: Two or more times per week during the season during JH lunch in room 209

Length and time of season: October through March

Cost: \$25.00

Requirements: Advisor approval

Description: Academic competition that tests student's knowledge in a variety of subjects. Competitions are scheduled against various local schools.

Spanish Club (Jr. High)

Advisor's name: Lucinda Clark

Where to locate advisor: Room 106

Meeting times and places: During lunch as scheduled by advisor

Length and time of season: During the school year

Cost: Approximately \$15.00

Description: This club is designed to enhance the student's appreciation of the Spanish culture by guest lecturers, field trips, etc.

Spanish Club (High School)

Advisor's name: Lucinda Clark

Where to locate advisor: Room 106

Meeting times and places: During lunch as scheduled by advisor

Length and time of season: During the school year

Cost: Approximately \$15.00

Description: This club is designed to enhance the student's appreciation of the Spanish culture by guest lecturers, field trips, etc.

Spelling Bee (Grades 7 & 8)

Advisor's name: Dena Dunnaway

Where to locate advisor: Room 211

Meeting times and places: Lunch and after school practice

Length and time of season: August through January

Cost: None for school or district contests.

Description: Students learn 5th – 8th grade spelling lists and compete in a spelling bee at ABHS. The top qualifiers then move on to compete at the ACSI regional spelling bee.

Student Council (High School)

Advisor's name: Angie Hopkins

Where to locate advisor: Room 107B

Meeting times and places: During high school lunch as called by advisor. Some students may be able to schedule Student Council as a class period.

Length and time of season: School year

Cost: None

Requirements: Student must be in 10th – 12th grade

Description: High School student council works as a group to:

- a. Promote Christian qualities.
- b. Act as a voice for students.
- c. Help correct problems associated with the school.
- d. Promote training and experience in the skills and techniques of good citizenship and leadership.
- e. Promote good public relations in the school community.
- f. Develop school spirit, pride, and morale.
- g. Organize and conduct school, social, and recreational activities.
- h. Promote a harmonious student-faculty-community relationship.

Student Council (Jr. High)

Advisor's name: Ron Phillips, Dena Dunnaway

Where to locate advisor: Room 207 or Room 211

Meeting times and places: During junior high lunch as necessary

Length and time of season: School year

Cost: None

Requirements: 7th – 9th grade students with a C average or above. Student must exhibit good behavior and leadership qualities.

Description: Junior High Student Council works as a group to:

- a. Promote Christian qualities.
- b. Act as a voice for students.
- c. Help correct problems associated with the school.
- d. Promote training and experience in the skills and techniques of good citizenship and leadership.
- e. Promote good public relations in the school community.
- f. Develop school spirit, pride, and morale.
- g. Organize and conduct school, social, and recreational activities.
- h. Promote a harmonious student-faculty-community relationship.

Thespians

Advisor's name: Legenia Bearden

Where to locate advisor: Room 306

Meeting times and places: Meetings start in Sept. in room 306

Length and time of season: During the school year

Cost: \$35 (includes a t-shirt and membership fees)

Requirements: A student in 7th-12th grade that has a C average or higher.

Description: An organization that supports the drama performances at ABHS. This will include technical work on all performances, such as lights, sound, costumes, hair, make-up design, and publicity, as well as, participation in fundraisers, photography, and video recording of performances.

2. FINE ARTS

Intermediate Band (7th grade)

Advisor's name: Rusty Hart

Where to locate advisor: Room 119

Meeting times and places: 3rd period each day in room 119

Length and time of season: During the school year

Cost: Costs vary for practice books from \$7.50 to \$30.00.

Occasional costs for t-shirts, trips, and other items as needed.

Requirements: One or more years of prior experience or band director's approval.

Equipment Requirements: Instrument and methods book

Description: The seventh grade band focuses on intermediate level musicianship for further development of note recognition, rhythm, scales, and technique. The seventh grade band will participate in a Christmas concert, solo and ensemble competition, and Spring Concert(s).

Advanced Band (8th – 12th grades)

Advisor's name: Rusty Hart

Where to locate advisor: Room 119

Meeting times and places: 7:30 a.m. each day in room 119

Length and time of season: All year

Cost: Occasional costs for t-shirts, band shoes, trips, and other items as needed.

Requirements: Two or more years of prior experience on a band instrument and the band director's approval.

Equipment Requirements: Instrument

Description: The Eagle Band is currently made of students from the 8th – 12th grades. The band participates in home football games, Christmas activities, Solo & Ensemble Competitions, a spring concert, and other special events. Individual band members

are encouraged to participate in All Region and All State activities, but are not required. The Eagle Band is made of the most spirited and fun-loving students at Arkansas Baptist.

Drama (High School)

Advisor's name: Legenia Bearden

Where to locate advisor: Room 306

Meeting times and places: Meets daily in Room 306

Length and time of season: During the school year

Cost: none

Requirements: Grades 9th – 12th

Description: This class teaches the fundamentals of costume, make-up, directing, acting, set design, lighting, and soundboard.

Intermediate Choir (High School)

Advisor's name: Rebecca Sanders

Where to locate advisor: Room 306

Meeting times and places: Meets daily

Length and time of season: During the school year

Cost: Uniform rental \$25.00

Requirements: No previous choral experience is necessary, but you must see Mrs. Sanders before joining.

Description: This class makes up the “Minstrel Singers” in the Madrigal Dinner. They also prepare music for the Choral Performance Assessment, the Spring Concert, and other opportunities as they arise. Students may participate in a music festival held at an amusement park at the end of the year.

Mixed Choir (Junior High)

Advisor's name: Rebecca Sanders

Where to locate advisor: Room 306

Meeting times and places: Meets the second half of lunch, four days a week.

Length and time of season: During the school year

Cost: Approximately \$25.00

Equipment required: None

Requirements: This class is open to students in 7th and 8th grades.

Description: This class acts as “Servants” in the Madrigal Dinner. They also prepare music for the Choral Performance Assessment, the Spring Concert, and other opportunities as they arise. These students may participate in a music festival held at an amusement park at the end of the year.

Advanced Choir (High School)

Advisor's name: Rebecca Sanders

Where to locate advisor: Room 306

Meeting times and places: Meets each day

Length and time of season: During the school year

Cost: Uniform rental \$25.00

Requirements: This class is open to 11th and 12th grade students with previous choral experience or by audition.

Description: This class is the “Royal Court” in the Madrigal Dinner. They also prepare music for the Choral Performance Assessment, the Spring Concert, and other opportunities as they arise. Students may participate in a music festival held at an amusement park at the end of the year.

Fall Play

Advisor’s name: Legenia Bearden

Where to locate advisor: Ask in HS office.

Meeting times and places: After school practices for six weeks before the play

Length and time of season: October and November

Requirements: Students must audition with Mrs. Bearden by doing an individual monologue or cold reading. Students in grades 7th-12th are encouraged to audition.

Description: The play introduces students to full theatrical production. This is done in a fun and creative atmosphere.

Spring Talent Show

Advisor’s name: Legenia Bearden

Where to locate advisor: Ask in HS office.

Meeting times and places: After school auditions prior to the show.

Length and time of season: Late March through Early May

Cost: \$10.00 entry fee

Requirements: Students must audition with Mrs. Bearden. Students in grades 7th-12th are encouraged to audition.

Description: This is a fun activity that allows ABHS students to showcase their talent.

Yearbook (High School)

Advisor’s name: Jennifer Byrd

Where to locate advisor: Room 301

Meeting times and places: Meets during assigned class period.

Length and time of season: During the school year

Cost: Approximately \$100.00 per year (This includes a workshop and a yearbook t-shirt)

Requirements: Student must be in 10th – 12th grade, have a willingness to work hard, and be willing to learn a lot of interesting tools for life.

Description: The club takes pictures and writes stories while making the legal record/memory book of the year.

3. ATHLETICS

Archery

Coach's name: Blue Keller

Where to locate coach: Room 115

Meeting times and places: After school and Saturdays in season.

Length and time of season: November - May

Cost: \$50.00

Description: National Archery in the schools program. The team will train and compete at local, state, and national levels.

HS Junior Varsity Girls Basketball

Coach's name: Jeff Hogue

Where to locate coach: High School Office

Meeting times & places: After school in the HS or LRFBC gym

Length and time of season: November through early March

Cost: Activity Fee

Equipment required: Basketball shoes

Description: This team is dependent on the number of girls playing varsity girls basketball. Usually this team consists of sophomores and juniors. Off season practices are required.

HS Junior Varsity Girls Softball

Coaches' names: Tim Yelvington and David Morton.

Where to locate Coach: Ask in Athletic Office in gym

Meeting times and places: After school on the softball field

Length and time of season: Mid January through May

Cost: Activity fee

Equipment required: Softball glove and cleats

Description: This team is dependent upon the number of girls on the varsity team. It will be made up of freshman, sophomores, and juniors. Games are played after the varsity games.

HS Junior Varsity Boys Baseball

Coach's name: Eddie Stephenson

Where to locate coach: Ask in Athletic Office in gym

Meeting times and places: After school on the baseball field

Length and time of season: January through May

Cost: Activity fee and an additional \$50.00.

Equipment required: Baseball glove, cleats, and player pack

Description: This team is dependent upon the number of varsity players. Games are played after the varsity. This team is made up Freshman, Sophomores, and Juniors. Pre-season practices are required if the student is not playing a winter sport.

HS Boys Baseball

Coach's name: Eddie Stephenson

Where to locate coach: Ask in Athletic Office in gym

Meeting times and places: After school on the baseball field
Length and time of season: January through May
Cost: Activity fee and an additional \$50.00
Equipment required: Baseball glove, cleats, and player pack
Description: This team plays a full schedule of interscholastic competition. Tryouts are held in mid August and cuts may be necessary.

HS Girls Basketball

Coach's name: Jeff Hogue
Where to locate coach: High School Office
Meeting times and places: After school in the HS gym or the LRFBC gym.
Length and time of season: November through early March
Cost: Activity Fee
Equipment required: Basketball shoes
Description: This team plays a full schedule of interscholastic competition. Off-season practices are required.

HS Boys and Girls Cross Country

Coach's name: Micheal Flatt
Where to locate coach: Athletic office in gym
Meeting times and places: 7:00 a.m. in the gym
Length and time of season: Mid August through November
Cost: Activity fee
Equipment required: Sweats and running shoes
Description: This program is open to grades 7-12. Junior high runs 2 mile competitions and high school runs 3.1 miles. Meets are on Saturdays with the State meet for the high school in early Nov.

HS Boys Golf

Coach's name: Craig Mashburn
Where to locate coach: Athletic office in gym
Meeting times & places: After school at various area golf courses.
Length and time of season: August through mid-October
Cost: Activity fee plus \$25.00 to join 1st Tee
Equipment required: Proper attire, golf clubs, and golf balls
Description: This program is open to grades 9-12. It is for students who want to participate in interscholastic competition.

HS Girls Golf

Coach's name: Angie Hopkins
Where to locate coach: Room 107B
Meeting times and places: After school at various golf courses
Length and time of season:
Cost: Activity fee plus \$25.00 to join 1st Tee
Equipment required: Proper attire, golf clubs, and golf balls

Description: This program is open to grades 9th-12th. It is for students who want to participate in interscholastic competition.

HS Boys and Girls Tennis

Coach's name: Dee Whalen

Where to locate coach: High School Office

Meeting times and places: After school at various tennis courts

Length and time of season: Mid August through early October

Cost: Activity fee

Equipment required: Tennis shoes, proper attire, racket, tennis balls

Description: This program is open to grades 9th-12th. It is open to competitive tennis players who want to participate in interscholastic competition.

HS Girls Soccer

Coach's name: Zach Welchman

Where to locate coach: Room 111

Meeting times and places: After school on the soccer field

Length and time of season: January through May

Cost: Activity fee

Equipment required: Cleats and shin guards

Description: Open to interested players possessing basic soccer skills and a desire to participate in interscholastic soccer.

HS Girls Softball

Coaches' names: Tim Yelvington and David Morton.

Where to locate coach: Ask in Athletic Office in gym

Meeting times and places: After school on the softball field

Length and time of season: Mid January through May

Cost: Activity fee

Equipment required: Softball glove and cleats

Description: This program provides a full schedule of interscholastic competition. Open to grades 9-12.

HS Boys Basketball

Coach's name: Jeff Hogue

Where to locate coach: Athletic office in gym

Meeting times and places: After school at the HS Gym or LRBC gym

Length and time of season: Early November through March

Cost: Activity fee

Equipment required: Basketball shoes

Description: This team plays a full schedule of interscholastic competition. Off-season practices are required. Cuts may be necessary.

HS Boys Soccer

Coach's name: Zach Welchman
Where to locate coach: Room 111
Meeting times and places: After school on the soccer field
Length and time of season: January through May
Cost: Activity fee
Equipment required: Cleats and shin guards
Description: Open to interested players possessing basic soccer skills wanting to play interscholastic soccer.

HS Cheerleading

Coach's name: Agnes Condren
Where to locate coach: Ask in Athletic Office in gym
Meeting times and places: After school in the MPR
Length and time of season: August through March
Cost: Approx. \$700 including uniforms, equipment, and camp.
Equipment required: Camp gear, cheer shoes, and uniform
Description: Cheerleader tryouts are held in the spring. Cuts may be necessary. Girls will be required to participate in summer practices and cheer camp. Cheerleaders are required to cheer at all varsity football and basketball games.

HS Football

Coach's name: Brad Helm
Where to locate coach: FB office in gym
Meeting times and places: After school on the football field
Length and time of season: Late July through November
Cost: Activity fee and approximately \$100
Equipment required: Cleats
Description: This team plays a full schedule of interscholastic competition. Off-season practices are required.

7th Boys Basketball

Coach's name: Mark Thompson
Where to locate coach: Ask in high school office
Meeting times and places: During 8th period and after school in the HS gym or LRFBC gym
Length and time of season: Late October through early February
Cost: Activity fee
Equipment required: Basketball shoes
Description: This is the first level of basketball at the junior high level. Cuts may be necessary. Off season practices are required.

7th Cheerleading

Coach's name: TBA
Where to locate coach: Ask in athletic office in gym
Meeting times and places: Before school in the MPR

Length and time of season: Mid August through November
Cost: Approximately \$300 (includes uniform, shoes, etc.)
Equipment required: cheer shoes and uniform
Description: This team will cheer at all home football games. Some away games may be required.

7th Football

Coach's name: Zach Welchman
Where to locate coach: Room 111
Meeting times and places: 7 A.M. on the football field
Length and time of season: August through October
Cost: Activity fee and players pack
Equipment required: Cleats
Description: This is the first level of football at the junior high level. Games are played on Thursday before the junior high game.

7th Girl's Basketball

Coach's Name: Andy Stallings
Where to locate coach: Room 202
Meeting times and places: During 1st period and before school at the high school and LRFBC gym
Length and time of season: Late October through February
Cost: Activity fee
Equipment required: Basketball shoes
Description: This is the first level of basketball at the junior high. Cuts may be necessary. Off season practices are required.

8th and 9th Girl's Basketball

Coaches' names: Micheal Flatt
Where to locate coach: athletic office in the gym
Meeting times and places: During 8th period and after school at the high school and LRFBC gym
Length and time of season: Late October through February
Cost: Activity fee
Equipment required: Basketball shoes
Description: This is the first and second levels of basketball at the junior high. Cuts may be necessary. Off season practices required.

8th Boys Basketball

Coach's name: Mark Thompson
Where to locate coach: Ask in high school office
Meeting times and places: During 8th period and after school at the HS gym or LRFBC gym
Length and time of season: Late October through early February
Cost: Activity fee
Equipment required: Basketball Shoes
Description: This is the second level of basketball at the junior high level. Cuts may be necessary. Off season practices required.

This team may be combined with the 9th grade team if necessary.

9th Boys Basketball

Coach's name: Levi Miller

Where to locate coach: Ask in athletic office in gym

Meeting times and places: During 8th period and after school in the HS gym or LRFBC gym.

Length and time of season: Late October through March

Cost: Activity fee

Equipment required: Basketball shoes

Description: This is the highest level of junior high basketball. Cuts may be necessary. Off season practices are required.

Jr. High Football

Coach's name: Zach Welchman

Where to locate coach: Room 111

Meeting times and places: 8th period and extending after school

Length and time of season: August through October

Cost: Activity fee and players pack

Equipment required: Cleats

Description: This team is open to 8th and 9th grade boys. Off season practices are required.

HS JV Boys Basketball

Coach's name: Jeff Hogue

Where to locate coach: Ask in athletic office in gym

Meeting times and places: After school in the HS gym or LRFBC Gym.

Length and time of season: Early November through March

Cost: Activity fee

Equipment required: Basketball Shoes

Description: This team is dependent on the number of players on the varsity level. Usually this team consists of Sophomores and Juniors. Games are usually played before varsity games.

JH Boys and HS Boys Track

Coach's name: Micheal Flatt

Where to locate coach: FB office in the gym

Meeting times and places: 7:00 a.m. or during 8th hour on the football field

Length and time of season: February through May

Cost: Activity fee

Equipment required: Track and running shoes

Description: Open to 7-12 grade boys wanting to participate in Track and field. If you are interested in running, jumping, or throwing, come join the team. JH and HS compete in interscholastic meets.

JH Cheerleading

Coach's name: Courtney Condren
Where to locate coach: Ask in high school office
Meeting times and places: After school in the MPR
Length and time of season: August through February
Cost: Approximately \$600. This includes uniforms, equipment, and camp.
Equipment required: Camp gear, practice clothes, cheer shoes
Description: Cheerleader tryouts are held in the spring. Cuts may be necessary. This team is open to 8th and 9th grade girls. Girls will be required to participate in summer practices and cheer camp. The team will cheer at most junior high football and basketball games.

JH and HS Girls Track

Coach's name: Micheal Flatt
Where to locate coach: Ask in athletic office in gym
Meeting times and places: 7:00 a.m., outside of the gym
Length and time of season: February through May
Cost: Activity fee
Equipment required: Running shoes
Description: Open to girls in the 7-12th grades who desire to participate in track and field. If you are interested in running, jumping, or throwing, come join the track team. The JH and HS teams compete in interscholastic meets.

Swimming

Coach's name: Shelly Greenwood
Where to locate coach: Ask in high school office
Meeting times and places: Local pools after school. The coach will provide a schedule of times and places.
Length and time of season: November through March
Cost: Player pack – approx. \$150.00
Equipment Required: Pool fees, equipment, and swimsuit
Description: This is an individual sport where the swimmer is responsible for practices and the meets they will participate in.

Trap Shooting

Coach's name: Blue Keller
Where to locate coach: Room 115
Meeting times and places: After school and Saturdays in season
Length and time of season: Jan. – July (competition season)
Cost: \$200 Competition Shooters (annual membership and competition participation deposit)
Equipment required: Individual shotgun, shells, clays (protective eye gear and ear plugs provided)
Description: The team will participate in the Arkansas Youth Shooting Sports Program, Amateur Trap Association's Academics,

Integrity, and Marksmanship Program, and the Scholastic Clay Trap Program.

4. TRIPS

Trip Name: Arkansas History Field Trip

Grade: 7th

Advisor's name: Levi Miller

Where to locate advisor: Room 113

Meeting times and places: During history class

Date of Trip: TBA

Cost: Snacks and lunch

Description: This trip is part of our Arkansas History studies. Students will be visiting points of historical significance in our area including the Toltec Mounds and the Old Statehouse Museum.

Trip Name: Italy Missions Adventure

Grade: 10th-12th

Advisor's name: Billy Goss

Where to locate advisor: High School Office

Dates of Trip: March 8 – 22, 2012 (subject to change)

Cost: Approximately \$2,000

Description: Students will spend 2 weeks in Italy doing Christian sports camps and children's ministry. Students may earn ½ elective credit in International Studies for participation in this trip.

Trip Name: Korean Missions Adventure

Grade: 10th-12th

Advisor's name: Mark Tyler

Where to locate advisor: High School Office

Meeting times and places: Lunch meetings as scheduled by advisor

Dates of Trip: March 8-22, 2012

Cost: Approximately \$2,000

Description: Students will spend 2 weeks in South Korea doing various types of mission outreach such as church services and working with children in an English Academy. The students will receive training on the Korean culture, music, puppets, writing their testimonies, and drama. Students may earn ½ elective credit in International Studies for participation in this trip.

Trip Name: Old Washington Field Trip

Grade: 8th

Advisor's name: Eddie Stephenson

Where to locate advisor: Ask in H.S. Office

Meeting times and places: During History Class

Date of Trip: TBA

Cost: Snacks and lunch

Description: This trip allows student to experience a critical era in Arkansas history. The students tour historical homes, shops, and archeological areas from the 19th century. Historians in era dress add to the reality of the experience.

Trip Name: SWBO/ACSI College Prep Championships

Grade: 10th-12th

Advisor's name: Lara McElrath

Where to locate advisor: High School Office

Meeting times and places: Lunch meetings as scheduled by the advisor.

Dates of Trip: November 17-18, 2011

Cost: Approximately \$60.00

Description: Students compete with other Christian schools from Mo, AR, OK, and KS by taking Southwest Baptist University final exams in subjects such as Chemistry, Computer Programming, College Algebra, Calculus, Biology, Old and New Testament, etc. Students who score 80% or above will receive college credit from SWBU. Students compete for awards on an individual and team basis.

Trip Name: Washington D.C. /New York Historical Tour

Grade: All 11th grade students must attend

Advisor's name: Blue Keller

Where to locate advisor: Room 115

Meeting times and places: lunch meetings as scheduled by the advisor

Dates of Trip: May 16-27, 2012

Cost: Approx. \$950 (covers all costs except food and souvenirs)

Description: Application of the skills learned during the ABHS Social Studies curricula by personally experiencing elements and aspects of the historical, social, political and military venues found in Washington DC, New York City, and Gettysburg, PA. (museums and monuments, formation, presentation and passing of an actual bill in the US Senate, Smithsonian Complex, US Supreme Court, Library of Congress, National Archives, Major League Baseball game, Broadway Play, Times Square, China

Town, Statue of Liberty and Ellis Island, Wall Street/Federal Reserve, and Little Italy in New York City.